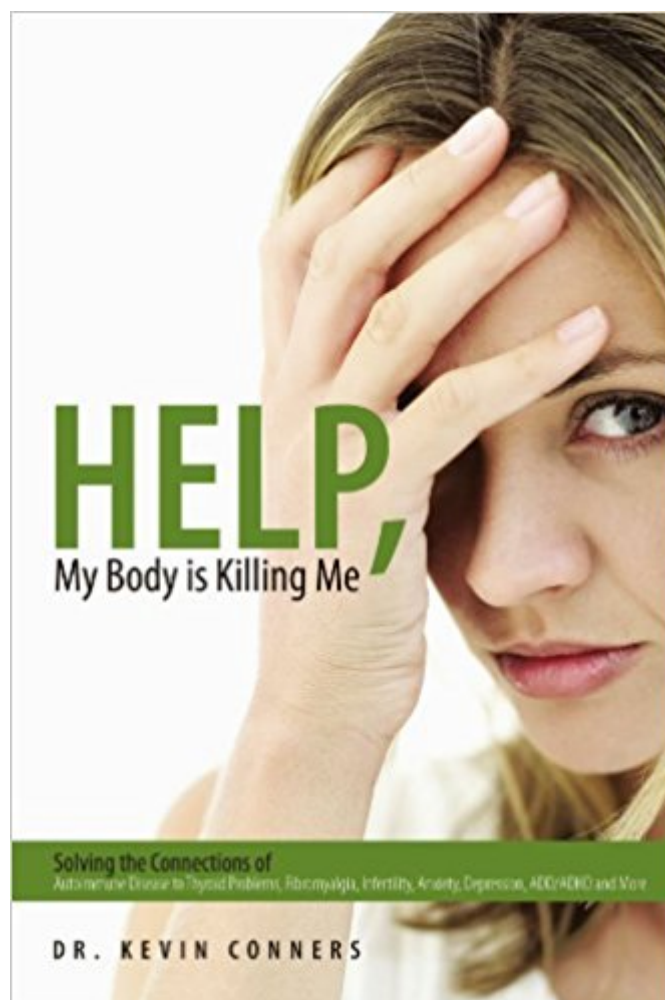




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# Help, My Body Is Killing Me: Solving The Connections Of Autoimmune Disease To Thyroid Problems, Fibromyalgia, Infertility, Anxiety, Depression, Add/Adhd And More





## Synopsis

"Why do I feel so lousy even after my doctor said my labs are normal?"  
"I'm exhausted all the time."  
"Ever since \_\_\_\_\_, my life has never been the same."  
"My doctor and even my family just think I'm crazy."  
"We've tried everything to get pregnant and are ready to give up hope."  
"I'm on 4 different meds and nothing seems to work."  
"My son's teacher wants him on Ritalin but I know that's not the solution, but I'm at the end of my rope!"  
These are just a few questions our patients have that sparked me to write this simple, easy-to-read book that has become an "ah-ha moment" to its readers. It is comforting to know there is a REASON for your symptoms and downright inspiring to find out there is a SOLUTION. My heart breaks to hear the stories of the years of suffering and misery that has torn families apart and destroyed dreams. I pray this book brings hope to those who have given up, enlightens them to believe that there is a way out of their struggle, and leads them to re-capture their life. ~r. Kevin Connors  
[www.TakeMyPain.com](http://www.TakeMyPain.com)  
[www.MIAutoimmune.com](http://www.MIAutoimmune.com)

## Book Information

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## Customer Reviews

Dr. Kevin Connors has been in private practice since 1986 except for a period of several years where he and his family served as full-time missionaries in Mexico. He and his wife Terri have been married for 29 years, have 5 children and 3 grandchildren.

If you're diagnosed with an auto-immune disease, you need to do your own homework. This book

will be your handbook to do that. Dr. Connors tells you what tests to request, what to look for when the labs return, and so much more. His website provides the opportunity to have a "consult" with him too. As with all diseases, there is a reason your body was unable to fight off the illness. It started somewhere. I found out that mine started with a liver that stopped functioning properly. All the signs and symptoms were there, but my doctors weren't seeing it. I even told them that I was almost 100% certain that my liver was the problem - but they didn't want to bother testing it. But I finally found a doctor who cared about me -- he listens, he runs the tests I want run and he is open to alternative methods. :) This book is worth the read!

Autoimmune people and others have a wealth of information available here!!!!

Great information on a commonly over looked issue.

This book is awesome. Very beneficial information for me. I will share the information with other autoimmune disease sufferers. Very pleased,

finally, I have an explanation of what has been going on with me for years. Also, a sense of what to do about it. Great information.

Finally I understand and now I can do something about my health issues/ autoimmune related problems and not just the symptoms. He's a great teacher.

It taught me things I didn't know about myself. I would definitely recommend it. Anyone with an autoimmune disease...it's a must read.

Was a gift. She loves it.

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Thyroid Diet: Easy Guide to Managing Thyroid Symptoms, Losing Weight, Increasing Your Metabolism (Thyroid, Thyroidism, Thyroid Diet, Thyroid Health, Thyroid ...  
Thyroid Diet Plan, Thyroid Solution)  
Autoimmune Hepatitis: Learn to Cure Yourself, Your Doctor Never Will! (Autoimmune Disease, Autoimmune Paleo Cookbook, Autoimmune Paleo, Autoimmune, autoimmune diet)  
Depression

Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay Happy For Life (depression cure, postpartum depression, ... depression self help, depression free) Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life (depression cure, depression books, depression and anxiety, ... emotional intelligence, mood disorders) Thyroid Diet: A Guide For Using The Thyroid Diet to Manage Thyroid Symptoms, Increase Metabolism and Lose Weight (dieting, weight loss, thyroid, hyperthyroidism, ... hyperthyroidism diet, thyroid diet plan,) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Anti Inflammatory Diet: Autoimmune Dinner Recipes: 30+ Anti Inflammation Diet Recipes To Fight Autoimmune Disease, Reduce Pain And Restore Health (Autoimmune ... Disease, Anti-Inflammatory Diet, Cookbook) Fibromyalgia: The complete guide to fibromyalgia, understanding fibromyalgia, and reducing pain and symptoms of fibromyalgia with simple treatment methods! Anti Inflammatory Diet: Autoimmune Lunch Recipes: 35+ Anti Inflammation Diet Recipes To Fight Autoimmune Disease, Reduce Pain And Restore Health (Autoimmune ... Anti-Inflammatory Diet, Cookbook Book 2) Iodine: Thyroid: The Hidden Chemical at the Center of Your Health and Well-being (Thyroid, Hashimoto's, Thyroid Deficiency, Thyroid Diet) Thyroid Diet: Thyroid Diet Guide To Understanding Hypothyroidism And Treating Hypothyroidism With Thyroid Diet Strategies For Losing Weight With An Underactive ... Diet For Underactive Thyroid) Anxiety: Anxiety Cure Secrets: 10 Proven Ways To Reduce Anxiety & Stress Rapidly (BONUS- 30minute Anxiety Coaching Session- Anxiety Cure, Become Free, 10 simple ways) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) Postpartum Depression Cure: The Self-Help Guide To Overcome Depression After Childbirth (Post partum anxiety, Post partum weight loss, Post partum depression) Adrenal Thyroid Connection Cookbook: 50 Natural Treatment Protocol Meals-Break The Connection Between Thyroid And Adrenal Problems(Adrenal Thyroid Revolution) Thyroid Diet : Thyroid Solution Diet & Natural Treatment Book For Thyroid Problems & Hypothyroidism Revealed! The Menopause Thyroid Solution: Overcome Menopause by Solving Your Hidden Thyroid Problems Autoimmune Disease: Discover The Symptoms & Treatment of Chronic Pain & Genetic Disease (Psoriasis, Anti Inflammatory, Arthritis, Fibromyalgia, Multiple Sclerosis, Symptoms, Celiac) (Volume 1) ADHD Diet For Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet)

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